**Clinical Psychology**  
**Fall 2008**

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Web page: [http://faculty.ucmerced.edu/wshadish/index.htm](http://faculty.ucmerced.edu/wshadish/index.htm)  
Class Times: MW 3-4:15 pm.  
Classroom: COB 105  
Office hours: MW 10-12  
Office: COB 385  
Teaching Assistant: Rodolfo Galindo  
TA Office Hours: M, T, W, Th 2-2:45 pm, and by appointment  
TA Office: Cubicle next to COB 368-369 (third floor COB)

**Catalog Description:** Major theoretical approaches to clinical psychology, including psychoanalysis, existentialism, humanism, systems theory and behavioral approaches. A review of what clinical psychologists do, including assessment methods, professional roles, and approaches to treatment.  
**Prerequisite:** PSY 1.

**Course Learning Goals:** In this course, you will:
1. Be introduced to the major concepts, theoretical perspectives, empirical findings, and historical trends in clinical psychology.  
2. Learn how basic research methods in psychology are applied to the questions that arise in clinical psychology.  
3. Learn how to analyze, summarize and synthesize scientific writings and studies to address a clinical problem.  
4. Be helped to use critical and creative thinking in applying the scientific approach to solve clinical problems.  
5. See how clinical psychologists apply psychological principles to psychological and behavioral problems.  
6. Be exposed to the ethical expectations for clinical psychologists, and the values that underlie various approaches to clinical psychology.  
7. Learn how to produce a well-written scholarly review in APA style.

**Course Learning Outcomes:** At the end of this course, students will be able to demonstrate the following:
1. Knowledge of the major concepts, theoretical perspectives, empirical findings, and historical trends in clinical psychology (Measured by quizzes).  
2. Knowledge of the research methods that are used in clinical psychology (Measured by quizzes, and by writing assignments).  
3. Ability to analyze and synthesize scientific writings and studies to address a clinical problem.  
4. Ability to apply the scientific approach to a problem in clinical psychology (Measured by writing assignments).  
5. Knowledge of how clinical psychologists apply psychological principles to
psychological and behavioral problems. (Measured by quizzes).
6. Knowledge of the ethical principals and values of clinical psychologists
   (Measured by quizzes).
7. That you can produce a well-written scholarly review in APA style.

Required Text:


Please purchase 13 red scantron sheets (Form No. F-289-PAR-L), available at the bookstore, for use in the weekly quizzes.

Grading: Grades in this course will be based on your performance on two assignments: (a) a weekly 10 item quiz (100 points), and (b) a 2000-word term paper on a clinical psychology topic of your choice (100 points). There will be a total of 13 quizzes in the class, each worth 10 points. I will drop your lowest three quiz scores (including any quizzes you do not take). Your grade will be based on 200 points, plus any extra credit you may earn (see below). Grading will be on the following scale:

A: 90% - 100%
B: 80% - 89.99%
C: 70% - 79.99%
D: 60% - 69.99%
F: < 59.99%

Quizzes: Quizzes will take place at the start of the class in which they are scheduled; and the instructor will review the correct answers immediately after the quiz. The purpose of the weekly quizzes is for you to demonstrate your knowledge of the content of clinical psychology. The quizzes are multiple choice, are drawn from the lecture and the book, and are not cumulative. Each quiz will have 10 questions worth one point each, totaling 10 points per quiz. The questions will mostly be about your mastery of facts and concepts in the book, but will include some applications of facts and concepts to examples. Although the quizzes will focus mostly on the lectures, you are responsible for all material in the book even if it is not covered explicitly in class.

Term Paper (100 points total—50 for the final term paper, 50 spread out over the eight assignments that precede the term paper). The purpose of the term paper is to help you learn how to think like a psychologist, using a critical and empirical approach to addressing psychological questions, and analyzing and synthesizing empirical research on the question. You should choose the topic of this paper yourself (although I am happy to help you come up with ideas). The topic must be related to the material in the textbook. However, the purpose is to go well beyond the content of the textbook and learn about a specific topic in significant depth. The term paper must discuss at least eight empirical studies on the topic; it may also include non-empirical articles (e.g., results of narrative reviews, information obtained from the web or a newspaper).

The term paper consists of nine assignments spaced out over the entire semester, starting from choosing a topic that interests you at the start of the semester, to turning in the final paper at the end of the semester. The schedule of classes in this syllabus tells you when each term paper assignment must
be turned in, and how many points each assignment is worth. Your submission may receive full credit, partial credit if it has flaws, or no credit at all if poorly done. All assignments must be turned in as hard copy (not electronic copy—do not send your assignment by email). You may turn in an assignment before it is due. Criteria for grading the term paper will include the following, with specific points for each assignment listed in the course schedule:

1. Technical writing
   a. Is writing grammatical?
   b. Are there spelling errors?
   c. Does the paper generally follow rules for good writing?
   d. Do sentences follow from each other logically?
   e. Do paragraphs follow from each other logically?

2. Correct use of APA style (see Appendix A)
   a. Is the reference list in APA style?
   b. Are the citations in text written in APA style?
   c. Is there an abstract written in APA style?
   d. Are the section headings written in APA style?
   e. Is there a header and page numbering in APA style?

3. Discussion of at least 8 empirical articles
   a. Are 8 empirical articles discussed?
   b. Does the paper accurately describe the sample and methods used in each article, and the empirical results?
   c. Caution—do not simply copy the abstract from the article into your paper! You will lose points for doing so.

4. Construction of a coherent argument (hourglass analogy)
   a. Does the introduction clearly describe a question or problem to be addressed in the paper? Does the introduction describe why the question is interesting (e.g., the prevalence or severity of the problem)?
   b. Does the methods section clearly describe how the articles were located (e.g., what search engines, what keywords, how many references were first located).
   c. Does the review of research section clearly relate the research to the question of interest? Is the review well-organized (e.g., are studies of diagnostic issues grouped together, separately from studies of treatment)? Does the review show how studies shed light on different parts of the problem (e.g., how well the treatment works in different populations, how well different kinds of treatment work)? Does the review describe what the unique contribution of each study is?
   d. Does the conclusion section clearly summarize what was learned in the review?

**Extra Credit:** You may earn extra credit by writing a 200 word summary of each lecture. There are 13 lectures, and each summary will be worth one point, so you can earn up to 13 points extra credit. Extra credit must be turned on the day of the weekly quiz (see schedule), before the quiz starts. Criteria for grading the summaries are (a) accuracy and (b) good technical writing (see above rules). Partial credit may be given, or no credit if the summary is very poorly done.

**Missed Assignments.** If you know that you will miss an assignment for an unavoidable and serious reason, contact me and we will make alternate arrangements to complete the assignment. Illness excuses will only be accepted with a note from a medical professional (e.g., RN, PA, DO, or MD),
which I will verify. In all cases, the reasons for missing an assignment must be presented in writing with accompanying documentation—e.g., an obituary or funeral program for a death in the family, an automobile repair receipt for a car problem, etc. Examples of excuses that are not acceptable include oversleeping, forgetting, or leaving early for vacation.

**Policy on Academic Integrity:** The University of California has outlined a general code of student conduct that can be accessed at [http://www.ucop.edu/ucophome/coordrev/ucpolicies/aos/uc100.html](http://www.ucop.edu/ucophome/coordrev/ucpolicies/aos/uc100.html). Go to [http://admissions.ucmerced.edu/docs/ucm_policies.pdf](http://admissions.ucmerced.edu/docs/ucm_policies.pdf) for the UC Merced code of academic conduct. Chapter 8 outlines policies on academic honesty. All academic work is expected to be in compliance with this code. In the present class, any form of cheating or plagiarism is a serious offense. Cheating includes any attempt to defraud, deceive, or mislead the instructor in arriving at an honest grade assessment. Plagiarism is a form of cheating that involves presenting, as one’s own the ideas or work of another. All work that is directly copied from other sources (e.g., a book, the www) must be in quotation marks with full reference to the original source. Words that are paraphrased from the original into your own words does not have to be in quotation marks, but must include a reference to the original source. Violation of these policies may result in a grade of “F” in the assignment, or for more serious violations, a grade of “F” in the course, at the discretion of the instructor.

**Special Needs:** UCM provides individuals with disabilities reasonable accommodations to participate in educational programs, activities, and services. Students with disabilities requiring accommodations to participate in class activities or meet course requirements should contact the professor as early as possible, and also contact the UCM Disability Services Center located in Room 107 of the Kolligian Library (209-381-7862) to obtain their assistance and coordination in working with this course.

**Classroom Civility:** Each UCM student is encouraged to help create an environment during class that promotes learning, dignity, and mutual respect for everyone. Students who speak at inappropriate times, sleep in class, display inattention, take frequent breaks, interrupt the class by coming to class late, engage in loud or distracting behaviors, use cell phones or pagers in class, use inappropriate language, are verbally abusive, display defiance or disrespect to others, or behave aggressively toward others could be asked to leave the class and be subjected to disciplinary action.

**Course Calendar and Assignments**
*(Term Paper Assignments are in **Boldface** Type)*

<table>
<thead>
<tr>
<th>Dates</th>
<th>Topics and Assignments</th>
<th>Points</th>
<th>Learning Outcomes</th>
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<tbody>
<tr>
<td>Aug 27</td>
<td>Introduction to the Class</td>
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<td>Sep 1</td>
<td>Labor Day Holiday: No Class</td>
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<tr>
<td>Sep 3</td>
<td>Lecture: Introduction to Clinical Psychology; History of Clinical Psychology (Chapters 1-2)</td>
<td>1,2</td>
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<td>Sep 8</td>
<td>Lecture: Current Issues (Chapter 3)</td>
<td>1,5</td>
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<td>Sep 10</td>
<td>Quiz on Chaps 1-3 Lecture and Discussion: Overview of Term Paper; What It Means to Think Like a Psychologist; Choosing a Topic.</td>
<td>10 points</td>
<td>2,3,4</td>
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<tr>
<td>Date</td>
<td>Event</td>
<td>Grade Details</td>
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<tr>
<td>Sep 15</td>
<td>Lecture: Clinical Research Methods (Chapter 4)</td>
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<td>Sep 17</td>
<td>Quiz on Chap 4&lt;br&gt;<strong>Term Paper: Choosing a Good Topic (1st Draft)</strong>&lt;br&gt;1. Each student should come to class with a typewritten topic for their term paper, with your name and student ID in upper left corner&lt;br&gt;a. A brief title, with a 1-3 sentence summary&lt;br&gt;b. Can be on any topic related to the book. Scan the book for ideas.&lt;br&gt;2. Students will be called upon to state their topic, and the class and instructor will discuss the topics.&lt;br&gt;3. Topics will be collected at the end of class&lt;br&gt;4. Grading criterion: Technical Writing (5 points)</td>
<td>10 points 2,3,4 5 points</td>
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<tr>
<td>Sep 22</td>
<td>Lecture: Diagnosis and Classification (Chapter 5)</td>
<td>1,4,5</td>
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<td>Sep 24</td>
<td>Quiz on Chap 5&lt;br&gt;<strong>Term Paper: Final Term Paper Topics Due (One page that has a brief title, with a 1-3 sentence summary; put your name and student ID in upper left corner)</strong>&lt;br&gt;1. Grading Criteria&lt;br&gt;a. Technical Writing (2.5 points)&lt;br&gt;b. Choice of Appropriate Topic (2.5 points).&lt;br&gt;Lecture and Discussion: How to search for articles to use in your term paper (See Appendix B); Empirical versus Non-Empirical Articles; APA Style for citations.</td>
<td>10 points 2,3,4 5 points</td>
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<td>Sep 29</td>
<td>Lecture: The Assessment Interview (Chapters 6)</td>
<td>1,4,5</td>
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<tr>
<td>Oct 1</td>
<td>Quiz on Chap 6&lt;br&gt;<strong>Term Paper: Empirical versus Non-empirical Articles</strong>&lt;br&gt;1. Each student should bring one empirical article to class, with a cover sheet that (a) lists the citation in APA format at the top of the page, and (b) tells what kind of research method was used (put your name and student ID number on the top left hand corner).&lt;br&gt;2. The instructor will call on students to tell what article they chose, why they chose it (why are you interested in it?) and what empirical method it used.&lt;br&gt;3. Articles and cover sheets will be collected at</td>
<td>10 points 2,3,4 5 points</td>
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### Grading Criteria:

1. Technical Writing (2 points)
2. Correct APA Format for Citation (1 point)
3. Correct Identification of the Research Method Used in the Article (2 points)

### Oct 6 Lecture: Intelligence Testing (Chapter 7)

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<th>Oct 6 Lecture: Intelligence Testing (Chapter 7)</th>
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### Oct 8 Quiz on Chap 7

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<tr>
<th>Oct 8 Quiz on Chap 7 Lecture and Discussion: APA Style (See also Appendix A)</th>
<th>10 points 2,3,4</th>
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### Oct 13 Lecture: Personality Assessment (Chapter 8)

| Oct 13 Lecture: Personality Assessment (Chapter 8) | 1,4,5 |
|!---|---|

### Oct 15 Quiz on Chap 8

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<tr>
<th>Oct 15 Quiz on Chap 8 Lecture and Discussion: Rules for Good Writing</th>
<th>10 points 2,3,4</th>
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### Oct 20 Lecture: Behavioral Assessment; Clinical Judgment (Chapters 9-10)

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<th>Oct 20 Lecture: Behavioral Assessment; Clinical Judgment (Chapters 9-10)</th>
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### Oct 22 Quiz on Chaps 9-10

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<tr>
<th>Oct 22 Quiz on Chaps 9-10 Term Paper: Before class, go to UCMCROPS and print a copy of the Goodrick et al. paper in the Resources section. Bring that copy to class so we can use it to practice writing a summary. Lecture and Discussion: Writing summaries of articles Practice Summary of Goodrick (will be collected at the end of class)</th>
<th>10 points 5 points 2,3,4</th>
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### Oct 27 Psychotherapy and Behavior Change (Chapter 11)

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<th>Oct 27 Psychotherapy and Behavior Change (Chapter 11)</th>
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### Oct 29 Quiz on Chap 11

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<tr>
<th>Oct 29 Quiz on Chap 11 Term Paper: Summary (one page single spaced with your name and student ID in upper left corner) 1. Each student must bring one article, and a one-page single-spaced summary of the article. a. The summary should first list the article citation in APA format, and then describe the article using the outline presented on Oct 15. b. The summary may not simply copy the abstract of the article. Any copying from the abstract will result in loss of points. 2. Students will be called on randomly to a. Identify the article (authors, title, year, journal) b. Tell what the topic of their paper is</th>
<th>10 points 5 points 2,3,4</th>
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</table>
and how the article relates to the topic, and

c. Read their summary

3. Class members may ask questions about any part of the summary that was unclear or left out.

4. Summaries and articles will be collected at the end of class

5. Grading Criteria:
   a. Technical Writing (2 points)
   b. Correct use of APA format in citation (1 point)
   c. Accuracy of article summary (2 points)

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<tr>
<th>Date</th>
<th>Event/Assignment</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Nov 3</td>
<td>Psychodynamic Psychotherapies (Chapter 12)</td>
<td>1,4,5</td>
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<tr>
<td>Nov 5</td>
<td>Quiz on Chap 12, Lecture and Discussion: Writing Your Paper</td>
<td>10 points 2,3,4</td>
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<tr>
<td>Nov 10</td>
<td>Humanistic and Existential Therapies (Chapter 13)</td>
<td>1,4,5</td>
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<tr>
<td>Nov 12</td>
<td>Quiz on Chap 13, Draft of Introduction and Literature Review, Methods Due</td>
<td>10 points 5 points 2,3,4</td>
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4. While you are working with your partner, the instructor will read the drafts. After you are done, the instructor will read some drafts (anonymously—without identifying your name) to illustrate problems. If your paper is chosen, do not be discouraged—when I was in college, my paper was chosen every week to illustrate problems!

5. Grading Criteria:
   a. Technical Writing (2 points)
   b. Correct use of APA format (1 point)
   c. Coherence of Argument (2 points)

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<tr>
<th>Date</th>
<th>Topic</th>
<th>Pages</th>
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<tr>
<td>Nov 17</td>
<td>Cognitive-Behavioral Therapies (Chapter 14)</td>
<td>1,4,5</td>
</tr>
<tr>
<td>Nov 19</td>
<td>Quiz on Chap 14 Draft of Review of Research is Due (student ID in upper left corner)</td>
<td>10 points, 10 points</td>
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<tr>
<td>Nov 24</td>
<td>Couples &amp; Family Therapy (Chapter 15)</td>
<td>1,4,5</td>
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<td>Nov 26</td>
<td>Term Paper: Writing Day</td>
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<td>Dec 1</td>
<td>Health Psychology; Clinical Neuropsychology (Chapters 17-18)</td>
<td>1,4,5</td>
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<tr>
<td>Dec 3</td>
<td>Quiz on Chaps 15, 17, 18 Draft of Conclusions Section Due (student ID in upper left corner)</td>
<td>10 points, 10 points</td>
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### Grading Criteria:

- **a. Technical Writing (2 points)**
- **b. Correct use of APA format (2 points)**
- **c. Coherence of argument (6 points)**

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<th>Date</th>
<th>Assignment</th>
<th>Points</th>
<th>Notes</th>
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<tr>
<td>Dec 8</td>
<td>Forensic Psychology; Pediatric and Child Clinical Psychology (Chapters 19-20)</td>
<td>1,4,5</td>
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<tr>
<td>Dec 10</td>
<td>Quiz on Chaps 19-20<strong>Term Papers Due (student ID in upper left corner)</strong></td>
<td>10 points 50 points</td>
<td>2,3,4</td>
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**1. Grading Criteria:**

- **e. Technical Writing (10 points)**
- **f. Correct use of APA format (10 points)**
- **g. Accurate review of eight empirical articles, citing data, and relating that data to the topic in the introduction (15 points)**
- **h. Coherence of Argument (15 points)**

Student Evaluations of Course.

Note: Chapter 16 is not covered in this class.
Appendix A: APA Style

If you are a psychology major, you should begin to learn APA style. APA style covers all parts of the style of writing that psychologists use, and many other social sciences use this style as well. It covers everything from punctuation to reference formatting. The manual itself is available for purchase at http://www.apastyle.org/pubmanual.html, and a student guide/workbook to the manual is available for purchase at http://www.apa.org/books/4210030.html.

A large number of www sites provide free summaries of how to write in APA Style. These include:

http://owl.english.purdue.edu/handouts/research/r_apa.html
http://www.wooster.edu/psychology/apa-crib.html
http://www.uwsp.edu/psych/apa4b.htm

Finally, sometimes it is easiest to learn APA style by just looking at examples of manuscripts written in APA style. Some examples on the www include:

http://www.dianahacker.com/pdfs/Hacker-Shaw-APA.pdf
http://web.lemoyne.edu/~hevern/psy448/448documents/apa5th.pdf
http://www.vanguard.edu/uploadedfiles/faculty/ddegelman/prayer.pdf

I do not expect perfection from you in using APA Style, and I will not take off points for minor errors.
Appendix B: How to find published journal articles

The University of California library gives you access to many journals that may be used in locating recent empirical studies. Recommended journals include:

- American Journal of Psychiatry
- Archives of General Psychiatry
- Behavior Therapy
- Behavior Modification
- Clinical Psychology Review
- Health Psychology
- Journal of Abnormal Psychology
- Journal of Behavior Therapy and Experimental Psychiatry
- Journal of Clinical and Experimental Neuropsychology
- Journal of Clinical Child Psychology
- Journal of Clinical Psychology
- Journal of Consulting and Clinical Psychology
- Journal of Counseling Psychology
- Journal of Marital and Family Therapy
- Journal of Nervous and Mental Diseases
- Journal of Personality Assessment
- Journal of Psychotherapy Integration
- Journal of Studies on Alcohol
- Professional Psychology: Research & Practice
- Psychotherapy

You can find an article in many different ways, such as hand searches of these journals in a library. However, a very convenient way to search is to use the psychology database called PsycInfo. The following are instructions for doing so.

1. Go to the UC Merced Home Page (www.ucmerced.edu)
2. Click on the link for the UC Merced Library Home page (or go directly to http://library.ucmerced.edu/)
3. Type PsycInfo into the Search Box and click on Search.
4. On the following link, click the hyperlink to UC campuses:

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<th>Connect to</th>
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<tr>
<td>Restricted to UC campuses 1806-</td>
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5. You will see the following screen:
6. Click on the Advanced Search tab, which will take you to the following screen:

7. In the first line, type in the phrase you want to search on as a key word. For example, you might search on autism. In the second line, change the word Title to Journal Name, and then type in the name of a journal from the list in the syllabus, for example, the *Journal of Consulting and Clinical Psychology*. Finally, change the Date Range to 2003 to 2006. Then the screen would look like this:
8. Click the search button. This example produced the following screen:

9. In the above screen, click on the Full-Text PDF link. This will open an electronic copy of the article, and you may save it to your computer.

10. If the PDF link does not appear, you can either
   1. search a different journal to find one with the PDF link, or
   2. use UC Merced interlibrary loan to order an electronic copy of the article. To do so, go to http://library.ucmerced.edu/ill.html and follow the instructions on that screen.

11. If the search produces no articles on the topic of interest, try another journal for the same topic and years.